



July 2023

Quality Parenting Washoe



One of our amazing resource homes send this information to share! If you ever have a local activity or event that you hear about that others may want to also know about, please send the information our way!!

High Sierra Lanes is a summer program for kids and adults. Kids bowl two free games daily from 4-12, and adult can bowl with them. It runs until August 31st.

KidsBowlFree.com: Kids Bowl Free All Summer Long!

¡Una de nuestras increíbles familias de recursos envió información para compartir! Si tienes una actividad o evento local del que escuchas que otros también quieran saber ¡envíenos la información!

High Sierra Lanes es un programa de verano para niños y adultos. Los niños juegan dos juegos gratis de 4 a 12, y los adultos pueden jugar bolos con ellos. Se extiende hasta el 31 de agosto.

KidsBowlFree.com: Kids Bowl Free All Summer Long!

Circle of Security Parenting Training

Circle of Security Parenting is not a parenting class but is a safe place for honest and transparent conversation about parenting while learning more about our children's behaviors and why they have those behaviors.

[Circle of Security Animation - YouTube](#)

Date: Every Thursday, July 13th- August 31st

Time: 10-11:30

Location: in-person or ZOOM

Reno Rodeo Foundation

As most of you know the Reno Rodeo Foundation is an amazing resource that our agency has been fortunate to collaborate with. They gift every child who initially comes into care \$150 towards clothing and hygiene items. Sandra Espino or Kylee Spring will reach out to schedule this shopping with you. It is imperative that when/if the child moves placements that all their Reno Rodeo clothing and hygiene items go with that child to their new placement. If you have questions, please don't hesitate to reach out.

Como la mayoría de ustedes saben, el Reno Rodeo Fundación es un recurso increíble con el que nuestra agencia ha tenido la suerte de colaborar. Le regalan a cada niño que inicialmente entra a nuestro cuidado \$ 150 para ropa y artículos de higiene.

Sandra Espino o Kylee Spring se comunicarán con ustedes para programar estas compras. Es imperativo que cuando / si el niño se muda de placement, toda su ropa de Reno Rodeo y artículos de higiene vayan con ese niño a su nueva ubicación. Si tiene preguntas, no dude en comunicarse.

"Bridges out of Poverty" en Español.

- ✚ Este es un entrenamiento de las diferencias en las culturas económicas y cómo esas diferencias afectan las oportunidades de éxito.
- ✚ Una comprensión de las "reglas ocultas" de la clase económica, las disparidades lingüísticas y cómo estas diferencias afectan la educación y las perspectivas de empleo. Español
- ✚ Estrategias para romper el ciclo de la pobreza y enfoques para involucrar a los clientes para que participen activamente en la definición de los pasos que querrán tomar para sus familias.

Dos sesiones en persona para completar este entrenamiento...

1. 19 de julio de 11:30 am a 12:30 pm
2. 16 de agosto de 11:30 am a 12:30 pm

Para más información Comuníquese con
Brenda Silis o Sandra Espino

Local Ethnic Hair Resource/ Recurso local de cabello étnico!

Latosha Jackson owns Enchanted Essence Beauty Salon and is an amazing resource to our families. She is able to help educate our resource families and help our children. She would love to help so just give her a call with questions you have and she would be willing to help/meet with you and any child in your home!

Latosha Jackson 775.770.8023

Latosha Jackson es propietaria de Enchanted Essence Beauty Salon y es un recurso increíble para nuestras familias. Ella ayuda a educar a nuestra familias de recursos y ayudar a nuestros niños en crianza. ¡A ella le encantaría ayudar, así que llámela con preguntas que tenga y estará dispuesta a ayudarles / reunirse con ustedes y cualquier niño en su hogar!

Latosha Jackson 775.770.8023

A Place to Share!

*This section is information from our amazing Washoe Resource Families.
Have something to share email kspring@washoecounty.gov or
sespino@washoecounty.gov*

Dragon Lights Reno

Dragon Lights have more than 40 groups of larger-than-life lantern sculptures. There is an interactive playground that has been expanded this year!!

At Wilbur D. May Arboretum & Botanical Gardens withing Ranch San Rafael Park

June 30th- August 13th

To get tickets: [Home - Dragon Lights Reno](#)

Kid's Discovery Room 2023

For decades, passionate volunteers have maintained the Discovery Room as a place where parents can bring their kids to let loose their creativity and find inspiration. Filled with puzzles, books, toys, puppets, and learning opportunities, this free attraction is open during select summer days as the perfect place for parents looking for something to do. The Discovery Room is located at Rancho San Rafael, near the May Museum, new Community Gardens, and the equally fun Dinosaur Playground.

[Events and Exhibits \(washoecounty.gov\)](#)

Art Town

Art Town's Little Book is a great resource for tons of different events in our local area. Please click the link below to see all the amazing things that are happening in our Reno/Sparks area!

[2023-Little-Book.pdf \(artown.org\)](#)

Movie in the Park – Art Town

This month free movie they are playing the Goonies.

Date: July 14

Time: 9-11pm

Gates open at 8pm

Location Wingfield Park

2 S. Arlington Ave Reno, NV 89501

[Movies in the Park - The Goonies \(artown.org\)](#)

A decorative border surrounds the central text, featuring several hands in various colors (orange, yellow, light skin) reaching in from the corners. Some hands are holding yellow hearts. Small red and orange dots are scattered throughout the background.

ENTRE AMIGOS!

Grupo de Apoyo en Espanol
para Padres de Recursos en
el Condado de Washoe

**TERCER
MIERCOLES
DEL MES**

**11:30 AM-
1:00 PM**

HQ

2395 East Prater Way
Sparks, NV 89520

Para mas informacion:

Sandra Espino sespino@washoecounty.gov

Brenda Silis bsilis@washoecounty.gov

MONTHLY **LUNCH BUDDIES**

Calling all relative, resource, flex & adoptive parents... bring your lunch, thoughts, struggles, and support for others! Lunch Buddies is a safe group where you can share your experience and seek/provide peer support.

JOIN US!

**First Friday of every month
12-1pm**

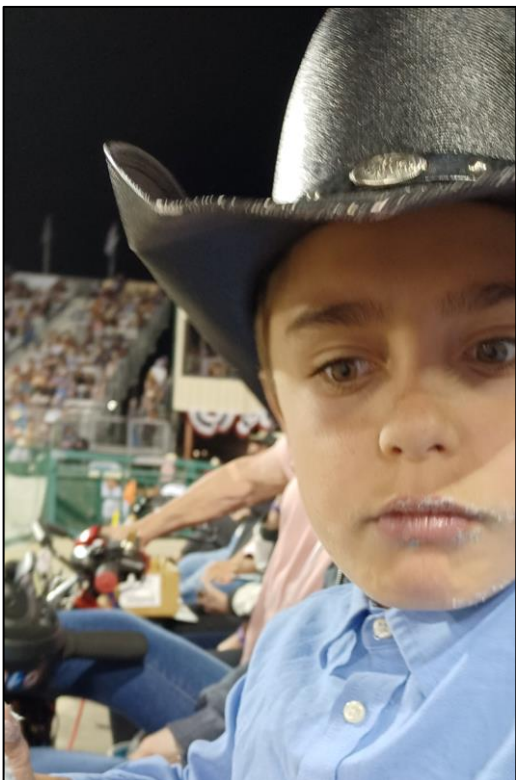
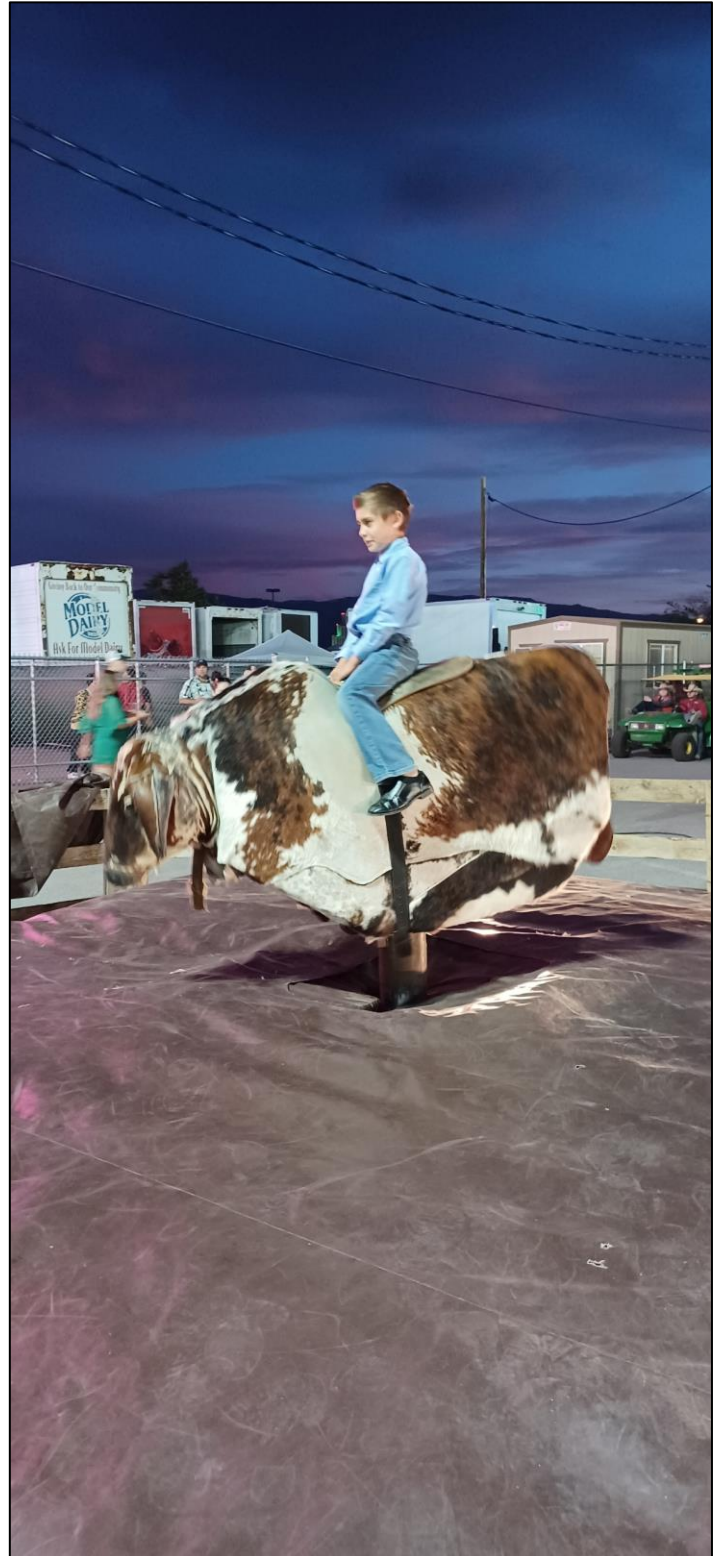
Hybrid in-person at HQ or via ZOOM

Please reach out to:

kspring@washoecounty.gov or
sespino@washoecounty.gov



Reno Rodeo 2023!!!





One of our families went on their first camping trip this year!



Youth PTSD

MYTHS VS. FACTS



The brain and body are still developing in childhood and are strongly affected by stressors like witnessing terrible or violent events, experiencing abuse or neglect, or being involved in life-threatening situations. Traumatic experiences in childhood can cause persistent neurobiological changes that increase the chances of developing depression, anxiety, and even substance abuse disorders that may persist into adulthood. Experts now agree that people of any age can be at risk for PTSD.

MYTHS

FACTS

Children don't get PTSD
They aren't consistently exposed to extreme, widely known trauma events like those experienced by soldiers and first responders.

The most common traumatic events for children, like domestic violence, physical abuse, parental substance abuse, and sexual abuse happen most often in secrecy. Adults in a child's life may see the impact of trauma on a child without knowing what may be fueling some reactive behaviors.

Children often don't remember traumatic events
It happened so long ago that since they don't really talk about it, they have no lasting memories of the trauma.

A child's reluctance or inability to articulate what has happened is often misinterpreted by adults as an inability to remember. Just because youth don't talk about what happened, or say they don't remember, doesn't mean they aren't experiencing traumatic stress reactions.

Children are resilient and will "get over it" if enough time passes
Their ability to adapt and grow protects youth from traumatic stress. As long as adults don't bring it up or dig into it too much, youth will be able to work through it.

Trauma is subjective. Multiple factors determine whether or not a child will develop PTSD. How old they were, the length, type, and severity of the traumatic event, if the child was believed and protected, and whether or not the trauma happened in the context of a caregiving relationship are all considerations. Talking about what happened is part of the process of making meaning of the trauma, desensitizing youth to trauma reminders, and resolving the stress that fuels troublesome behaviors and feelings in children.



Nevada Pediatric
Psychiatry Solutions

Youth Trauma & PTSD Resources

Books to read with young children who've experienced trauma can be freely accessed at <https://piploproductions.com/> Information, guides, and resources regarding youth PTSD are available at the [National Child Traumatic Stress Network](#) Providers can find links to Youth Trauma Screening Tools and intervention guidance at the [Child Welfare Information Gateway](#)

Sources:

<http://www.ptsdalliance.org/symptoms/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3860395/>

<https://endcan.org/2022/06/13/complex-ptsd-and-childhood-trauma/>

<https://kzoofamilycounseling.com/index.php/2016/10/30/5-myths-about-childhood-ptsd/>

DEMARCO

11-years-old

100% FREE

Are you an active family who loves exploring and learning new things? Then do we have the kid for you! This sweet, adorable little boy with the cheesy, infectious grin is a people pleaser for sure! DeMarco loves to share and help others. He thrives from one-on-one attention, enjoys conversing and generally relishes connecting with others.

Now that DeMarco has the opportunity, he is exploring every sport and outdoor activity he can try. He loves his bike, his scooter, hiking, soccer and football. If that's not enough, he also loves swimming. Well, really anything to do with water play. DeMarco is looking for an active family who will keep up with all his newly found interests while allowing him the opportunity to continue discovering. Oh, and do not forget about Mine Craft. If you can check off all those boxes, you might just win DeMarco's heart.

Check out his Have a Heart episode here: <https://www.kolotv.com/video/2023/03/07/have-heart-meet-demarco/>

If you'd like to learn more about this exuberant, active little boy please reach out to: Tawnya Robertson at Trobertson@washoecounty.us



DEMARCO

11 años

100% LIBRE

¿Eres una familia activa a la que le encanta explorar y aprender cosas nuevas? ¡Entonces tenemos al niño para ti! ¡Este dulce y adorable niño con la sonrisa curti y contagiosa es un placer para la gente! A DeMarco le encanta compartir y ayudar a los demás. Prospera con la atención individual, disfruta conversando y, en general, disfruta de conectarse con los demás.

Ahora que DeMarco tiene la oportunidad, está explorando todos los deportes y actividades al aire libre que puede probar. Le encanta su bicicleta, su scooter, ir a caminar, el fútbol y el fútbol. Si eso no es suficiente, también le encanta nadar. Bueno, realmente cualquier cosa que tenga que ver con el juego acuático. DeMarco está buscando una familia activa que se mantenga al día con todos sus intereses recién descubiertos mientras le permite la oportunidad de seguir descubriendo. Ah, y no te olvides de Mine Craft. Si puedes marcar todas esas casillas, podrías ganar el corazón de DeMarco.

Echa un vistazo a su episodio Have a Heart aquí: <https://www.kolotv.com/video/2023/03/07/have-heart-meet-demarco/>

Si desea obtener más información sobre este niño exuberante y activo, comuníquese con:

Tawnya Robertson a Trobertson@washoecounty.us

TREY

11-years-old

LOCAL FAMILIES

According to his foster parents, this picture is "Trey in all his glory". Trey's foster parents also describe him as a "pretty easy-going kid" with "an incredible imagination" who loves to make people happy. Trey is also described as fearless, determined, adventuresome and not afraid to try new things. He is totally obsessed with the Titanic and will build all kinds of variations of the Titanic ship with his Legos. He also



draws incredible pictures of the ship and will entertain himself for hours just drawing. He hopes to build and Captain his own ship(s) one day. Trey also loves Poseidon, playing games on his X-Box and tablet and hanging out with his brothers. He often needs to be coaxed to go outside, but once he's out there he will ride his bike, his scooter, shoot hoops and stay in the pool all day if you let him. He recently started martial arts and thus far is loving it. He loves pizza, spaghetti, tacos and Oreo ice cream. He is not a big fan of fruit and will not drink soda.

If you'd like to learn more about more about Trey, contact Tawnya Robertson at Trobertson@washoecounty.gov

TREY

11 años

LOCAL FAMILIES

Según sus padres adoptivos, esta imagen es "Trey en toda su gloria". Los padres de crianza de Trey también lo describen como un "niño bastante tranquilo" con "una imaginación increíble" a quien le encanta hacer feliz a la gente. Trey también se describe y niño que no tiene miedo, decidido, aventurero y sin miedo a probar cosas nuevas. Está totalmente obsesionado con el Titanic y construirá todo tipo de variaciones del barco del Titanic con sus Legos. También dibuja imágenes increíbles del barco y se entretendrá durante horas solo dibujando. Espera construir y capitanear sus propios barcos algún día. Trey también ama a Poseidón, jugar juegos en su X-Box y tableta y pasar el rato con sus hermanos. A menudo necesita ser persuadido para salir, pero una vez que está allí, montará su bicicleta, su scooter, tirará aros y se quedará en la piscina todo el día si se lo permites. Recientemente comenzó karate y hasta ahora le encantan. Le encanta la pizza, los espaguetis, los tacos y el helado de Oreo. No es un gran fanático de la fruta y no beberá refrescos.

Si desea obtener más información sobre Trey, póngase en contacto con Tawnya Robertson en Trobertson@washoecounty.gov

WCHSA Directory

In case you have an emergency that occurs after hours please call.

Center Street Front desk: 775.785.8600

Emergency After hours number: 1.833.900.7233

Administration:

Division Directors:

- Steve McBride
- Ryan Gustafson

Coordinators

- Amy Sandvik- asandvik@washoeconomy.gov
 - Foster Care Licensing, Recruitment, Training, & Support; Child Care Licensing
- Kim Martin- ksmartin@washoeconomy.gov
 - CQI, Training Unit
- Shannon McCoy- smccoy@washoeconomy.gov
 - Permanency
- Amy Reynolds- areynolds@washoeconomy.gov
 - Permanency
- Stacy Lance- slance@washoeconomy.gov
 - Clinical, FEC & Adoptions
- Tammi Williamson- twilliamson@washoeconomy.gov
 - Assessment

Adoptions:

Supervisors

- Emily Smith- esmith@washoeconomy.gov
- Jessie Valencia- jvalencia@washoeconomy.gov
- **Post-Adoption Support HSA-**
PostAdoptionServices@washoeconomy.gov
- Erika Meszaros - emeszaros@washoeconomy.gov
- Mary Encarnacion- MEncarnacion@washoeconomy.gov
- Stacia Travers stravers@washoeconomy.gov

Assessment & Permanency:

Assessment Supervisors

- Amber Hurtado- ahurtado@washoeconomy.gov
- Cassie Pasley- cpasley@washoeconomy.gov
- Denise Tyre- dtyre@washoeconomy.gov
- Jennifer Bascom - jbascom@washoeconomy.gov
- Jennifer Kelly- jlkelly@washoeconomy.gov
- Kacie Schwin- kschwin@washoeconomy.gov
- Kassi Morris- kmorris@washoeconomy.gov
- Megan Aguayo - maguayo@washoeconomy.gov

Permanency Supervisors

- Julia Nesser - jnesser@washoeconomy.gov
- Kasey Pomerleau - kpomerleau@washoeconomy.gov
- Melony Elam - melam@washoeconomy.gov
- Natalie Miller - nmiller@washoeconomy.gov
- Rocio Lopez - ralopez@washoeconomy.gov
- Scott Sheldon - shsheldon@washoeconomy.gov
- Steven Canale - scanale@washoeconomy.gov
- Tara Sterrett - tsterrett@washoeconomy.gov

Placement Support, Recruitment & Training:

Supervisor

- Laura Caprioli - lcaprioli@washoecounty.gov

R&T Staff

- Brenda Silis – bsilis@washoecounty.gov
- Mitch Matthews
MMatthews@washoecounty.gov
- Myra Yeargan – myeargan@washoecounty.gov
- Tawnya Robertson – trobertson@washoecounty.gov

Relative Support:

- Ana Bassett- abassett@washoecounty.gov
- Marci Hlade - mhlade@washoecounty.gov

Placement Support

- Heather Wenker - hwenker@washoecounty.gov
- Katie Proctor - kproctor@washoecounty.gov

Relative Liaison:

Sandra Espino 775.530.6373
sespino@washoecounty.gov

QPI Liaison:

Kylee Spring 775. 530.1646
kspring@washoecounty.gov

SFC Support

Mele Peaua - mpeaua@washoecounty.gov

Licensing

Foster Care Services Front Desk: 775.337.4470

Foster Care Licensing Supervisor:

Melissa Coates: 775.815.3827 mcoates@washoecounty.gov

Licensing team:

Codi Soap: csoap@washoecounty.gov
Barbara Jaime: bjaime@washoecounty.gov
Jessica Shepherd: jshepherd@washoecounty.gov
Anastasia Cooper: acooper@washoecounty.gov
Tracey Rodriguez: trodriguez@washoecounty.gov

Family Engagement Center (FEC):

775.352.3230

905 E Prater Way, Sparks, NV 89434

Corner of Prater and Howard

FEC Supervisor

- Jesse Brown - jbrown@washoecounty.gov

Engagers:

- Betty Sharkey- BSharkey@washoecounty.gov
- Kin Minor - KMinor@washoecounty.gov
- Leona Lopez - LLopez@washoecounty.gov
- Olivia Lynch - olynch@washoecounty.gov
- Patty Daniel - pdaniel@washoecounty.gov

Medical Unit:

775.284.2763

Children's Advocacy Center (CAC)

2097 Longley Lane, Reno, NV 89502

next door to Kids Kottage

WCSD Liaison

- Keri Pruitt - KPruitt@washoecounty.gov